

Discipleship for Littles

“Train up a child in the way he should go: and when he is old, he will not depart from it.”

-Proverbs 22:6

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Preface

Dear Reader,

I've always wanted to write a book, but I never expected it to be a book on discipleship for little children. However, after becoming a mother, and *desperately* desiring to be a GOOD steward of the child God gave me, I devoured Pastor Bob's book on Child Training and discovered the 13 character qualities I needed to teach my child at an early age **before** she headed off to school, the world, and eventually the evil day we will all face. As I wrote them down for myself to learn, and as my child grew from a baby to a toddler, and now a curious, SMART kid, I realized I wanted a structured curriculum that would allow her to taste, touch, see, and experience them in every way possible! Included are coloring pages, memory verses, songs, activities and crafts that you can use at your own pace: maybe work on one character quality each week, or maybe one a month, but you can pace it for your own life and child.

All of the ideas and tools I've assembled in this book are just a basic foundation you can incorporate into your own home and educational style, as you train and prepare your little soldiers for active duty in this old world. Remember this:

“Children cannot be made good by making them *happy*; you make them **happy** by making them good.” -Author unknown.

I also want to thank all the people who helped me put this book together: Sarah Patrick for the coloring and activity sheets, Kristine Amaro for the craft and activity ideas, Jenny Weston for the cover artwork, and all the people who prayed me through!

Tabitha 

Now, let's get to work!

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Please note: All of the memory verses come from the King James Bible; the stories are from the Beginners Bible (BB) by Zondervan; some songs are from the Great Hymns of the Faith (GHOF) Hymnal published by Singspiration Music; Wee Sing Bible Songs is a cd and songbook by Pamela Conn Beall and Susan Hagen Nipp; and I have composed songs for the memory verses (T.A. Phillips) which can be accessed at www.keystothebible.net along with the Discipleship for Littles curriculum.

Godly Character

Definition: Choosing to do what is right anywhere, anytime, any place.

Memory Verses:

1. Joshua 1:9 “Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God *is* with thee whithersoever thou goest.”
2. 2 Samuel 10:12 “Be of good courage, and let us play the men for our people, and for the cities of our God: and the LORD do that which seemeth him good.”
3. Ephesians 6:11 “Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.”
4. Daniel 1:8a “But Daniel purposed in his heart that he would not defile himself with the portion of the king’s meat, nor with the wine which he drank:”

Stories about Character:

- Noah’s Ark (Genesis 6-9) Beginner’s Bible pg. 26
- The Brave Queen (Book of Esther)-BB pg. 240
- Fiery furnace (Daniel 3)-BB pg. 247
- Daniel and the lions (Daniel 6)-BB pg. 251
- Little Pilgrim’s Big Journey: John Bunyan’s Pilgrim’s Progress fully illustrated and adapted for kids. By Tyler Van Halteren
- Berenstain Bears-Do the right thing. By Mike Berenstain

Songs/Hymns

- ★ Ephesian’s 6-1-1 (T. A. Phillips)
- ★ Joshua 1:9 (T.A. Phillips)
- ★ Dare to be a Daniel. (GHOF pg. 363)
- ★ This little light of mine (Sunday school)

Activities:

- + Teach your child that God/Jesus live in the **north** (Ps. 75:6-7) and show them that direction in your home, point to it, let them know that Jesus loves them, is always watching, always there to talk and help, and that he can't wait to see them one day! (Song of Solomon 2:9)
Each morning when they get up, stand with them facing the north and say "Good morning, Lord! We love you and thank you for all our blessings!"
This exercise could also be repeated at bedtime.
- + Buy your child a compass, teach them how to use it, and let them know it will always point North towards God's home! Use it at home, on a walk, in the car, etc. In the car tell them "I'm turning South" or "I'm turning north" instead of left or right.
- + Watch youtube videos about the Earth's magnetic fields and how compasses work (Job 26:7; Proverbs 8:27)
- + Consistently check in with teachers to find out how courageous they are being when mom and dad aren't there. Praise them for good behavior! Reward for consistency!
- + Watch Veggie Tales: David and the giant pickle (Youtube or library DVD)
- + Watch Veggie Tales: Esther: The girl who became queen (Youtube or library DVD)
- + Play "Guess the character" game-tell your child some qualities about a character from a story and see if they can guess who it is.
- + Play Chutes and Ladders game. Discuss the ladder squares of good decisions and good consequences verses the slides and what happens when we make bad decisions.
- + Build a maze, obstacle course, or mini-golf course.
- + Build a lion's den fort out of blankets, couch cushions, kid's tents, etc.
- + Do a treasure hunt, or scavenger hunt. Can they obey the directions?
- + Play Beanboozled

Crafts:

- ◆ Make a crown like Esther would wear. Decorate it with jewels, stickers, and glitter. You can also add jewels to their crown when you "catch" them making good decisions.
- ◆ Make a fiery furnace and reenact the story (Pinterest)
- ◆ Make your own compass science project from kidsactivitiesblog.com
- ◆ Buy a hanging compass and make a necklace with beads and string. (Brunton Tag-Along Compass might be a good option)

- ◆ Lifesize cutout of your child and make character badges to put on the life-size “character”.
- ◆ Sock puppets (or any type of puppet craft)- use the puppets to role play or act out stories about making tuff decisions.
- ◆ Rain sticks

Attentiveness

Definition: Learning to pay attention with my ears and eyes

Memory Verses:

1. Proverbs 4:20 “My son, attend to my words; incline thine ear unto my sayings”
2. Proverbs 4:21 “Let them not depart from thine eyes; keep them in the midst of thine heart”
3. Proverbs 5:1 “My son, attend unto my wisdom, and bow thine ear to my understanding”
4. Proverbs 1:5 “A wise man will hear and will increase learning;”

Stories:

- Noah’s Ark (Genesis 6-9) BB pg. 26
- 10 Commandments. (Exodus 19-20) BB pg. 120
- A Voice in the Night. (1 Samuel 3) BB pg. 160
- A Changed Man (Acts 9:1-19) BB pg. 488

Songs/Hymns:

- ★ Read your Bible, pray every day, and you’ll grow (Sunday School)
- ★ Behold! Behold! I stand at the door and knock (Wee Sing pg. 18)
- ★ Turn your eyes upon Jesus (GHOF pg. 204)
- ★ Be thou my vision (GHOF pg. 334)

Activities:

- + Buy a flannel graph set of Bible stories and tell the story. Then let them teach the story back to you!
- + Make cookies and help them attend the instructions. Enjoy the results!
- + Read at bedtime, asking questions during and after the story. Try to use different voices for each character. Try different accents. Did they listen?
- + Attend story time at your local library to practice attending.
- + Have them sit in church and quietly color or take notes about what was said. Teach them “We need to be respectful and quiet when Pastor Bob is preaching, so we can hear what he says.”
- + Play memory games.

- + Play the “What’s missing” game- lay 10 items on the floor, cover them with a blanket and while they are covered take an item away. Lift the blanket up and see if your child can identify the missing object.
- + Play Bingo- you can find Bible Bingo on Amazon
- + Buy or make Montessori sound cylinders and do the sound or match session (directions on reachformontessori.com)
- + Play a blindfold game: Blindfold the child, place an object in the room for them to find. Start in the middle of the room, spin them around 5-6 times and then let the hunt begin! Verbally guide them to the object or let them search on their own until they ask for help. Switch and blindfold the parent, then let the child be the guide.
- + (5yrs +) Take piano lessons

Crafts:

- ◆ Do a paint by number and learn to follow and attend to the directions.
- ◆ Make an ark and animals to fill the ark
- ◆ Tissue paper flowers
- ◆ Pipe cleaner sculptures- make little people or animals out of craft pipe cleaners.
- ◆ Make a scroll or tablets to write the 10 commandments on. (Make a list of the 10 “commandments” or rules of your home)
- ◆ Cup phones (A voice in the night)
- ◆ DIY Montessori sound cylinders- containers with objects in them that make sounds. Paint or cover the outside of the containers so the contents can’t be seen.

Obedience

Definition: Doing what I'm told immediately, exactly, with the right attitude.

Memory Verses:

1. Ephesians 6:1 "Children, obey your parents in the LORD for this is right"
2. Colossians 3:20 "Children, obey your parents in all things: for this is well pleasing unto the LORD"
3. Hebrews 13:17 "Obey them that have the rule over you, and submit yourselves: for they watch for your souls, as they that must give account, that they may do it with joy and not with grief: for that is unprofitable for you."
4. James 4:17 "Therefore to him that knoweth to do good, and doeth it not, to him it is sin."

Stories:

- The Sneaky Snake (BB pg. 18) Obeying when others tempt you to do wrong.
- Jacob and Esau Meet Again (BB pg. 66) Obeying when you are afraid
- Naaman is Healed (BB pg. 230) Obeying when you don't understand
- Jonah and the Big Fish (BB. Pg. 257) Obeying even when you don't want to.
- Jesus is Arrested and Crucified (BB pg. 446) Jesus obeyed his father and so should we.

Songs/Hymns:

- ★ Trust and obey (GHOF pg. 261)
- ★ O-B-E-D-I-E-N-C-E (is the very best way to show you believe) Youtube
- ★ Ephesians 6:1 (T.A. Phillips)
- ★ (I will) Obey right away (Patch the Pirate on Youtube)

Activities:

- + Explain that God has established rules for how he wants things to be run and we must ALL obey them to create and maintain order and peace: our home, the government, church, school.
- + Take your child to a police department or fire station for a tour. Introduce them to the officers and staff and let them know these people follow the rules for our protection and they can always go to them for help.

- + Play obedience games like: The Freeze game, Musical statues, “Mother may I”, Simon Says, Red light Green light, or Follow the leader.
- + Watch the VeggieTales: Jonah and the whale (Youtube) Discuss how God had a job for Jonah to do, and when he wouldn’t do it, he was punished when the whale swallowed him. Let your kiddo know that God has a job for all of us and obedience is how we get the job done! Say “Mom and Dad have to obey God, just like you need to obey us.”
- + Clean penny object lesson (Ministry-To-Children YouTube page)
- + Reward your child for obedience by keeping an Obedience Chart where they can earn special prizes, or a special activity for consistent obedience. If they obey, put on a sticker, if they disobey remove one. I always tell my kiddo that “Obedience brings blessings, and disobedience brings cursing’s” and they need to experience this principle.
- + Check in with Sunday school teachers, schoolteachers, and anyone who watches your child so see if they are being obedient. Reward or punish accordingly.

Crafts:

- ◆ Create Egg carton whales (YouTube)
- ◆ Make Paper plate fish (Pinterest)
- ◆ Participate in a Home Depot Kids Workshop
- ◆ Homemade playdough
- ◆ Create blindfold drawings
- ◆ Paint with marbles, balloons, string and other miscellaneous things. Then use the painting later to cut out a cross.

Contentment

Definition: Choosing to be thankful for what I already have.

Memory Verses:

1. Philippians 4:11b “For I have learned, in whatsoever state I am in, therewith to be content.”
2. 1 Timothy 6:6 “But godliness with contentment is great gain.”
3. Hebrews 13:5a “Let your conversation be without covetousness; and be content with such things as ye have:”
4. Proverbs 17:24b “but the eyes of a fool are in the ends of the earth.”

Stories:

- The sneaky snake (BB pg. 18) Being content with what God provides
- Food from Heaven (BB pg. 116) Being content with your food
- Pharaoh’s Dreams (BB pg. 78) Being content when you don’t like where you are.
- Israel’s First King (BB pg. 164) Being content with your authorities (parents, teachers, etc.)

Songs/Hymns:

- ★ Great is thy faithfulness (GHOF pg. 40)
- ★ Thank you, Lord (GHOF Pg. 221)
- ★ Count your blessings (GHOF Pg. 370)
- ★ God is so good (Wee Sing Pg. 51)

Activities:

- + Take the 30-Day Self-denial challenge:
 1. Don’t buy anything new that isn’t a necessity (New toys, clothes, decor, etc.)
 2. Re-arrange, re-organize, and re-decorate your kids rooms, throw out trash and broken toys.
 3. Pull out old/forgotten toys, books, and games and enjoy them again! Donate items you’ve outgrown.

4. Once a day say “No” to a fleshy impulse: Buying a Coffee, Coke, Dessert, or having a 2nd helping at dinner, etc.

5. Take an empty jar and label it: “Missions”. Have your family start filling it with some of the money you save from not buying new things. Let your kids know you’re making an eternal investment instead of buying more stuff you really don’t need. At the end of the challenge let your kid put it in the church offering plate.

- + Visit Missouri town to see a simpler time.
- + Volunteer at a Soup kitchen or Food pantry
- + Toss bean bags back and forth and don’t let the “manna” touch the ground
- + Begin a Blessings journal and each night write down what God has given you and is doing. You could buy a blank notebook and decorate the front.
- + Watch: Heidi, Annie or A Charlie brown Christmas

Crafts:

- ◆ Use the bottom of a soda bottle and ink, to stamp the scales on a snake.
- ◆ Recycled artwork- use old drawings and pictures to create a collage of Pharaoh’s dreams
- ◆ Mud paintings
- ◆ Nature weavings- take a loom on a hike with you and find things along the way to weave in and out of the loom.
- ◆ Make a nature walk bracelet – take wide masking tape and wrap it around your wrist with the sticky side facing out. Then stick things to the bracelet as you go for a hike or a walk around a park.

Being Neat and Orderly

Definition: Picked up, cleaned up, ready to go!

Memory Verses:

1. 1 Corinthians 14:33a “For God is not the author of confusion, but of peace,”
2. I Corinthians 14:40 “Let all things be done decently and in order.”
3. Psalm 119:133a “Order my steps in thy word”
4. Genesis 2:15 “And the Lord God took the man, and put him into the garden of Eden to dress it and to keep it.”

Stories:

- The Beginning (BB pg. 7) God picked up and cleaned up the earth so it was ready for his plan to begin!
- Adam and Eve (BB pg.14) We need to keep our home organized and in order like Adam and Eve did when God put them into the garden.
- Noah (BB pg.26) Noah got the ark, his family, and the animals ready to go before God flooded the earth. Our family needs to be ready to do God’s plan for our life.
- Boy King Josiah (BB pg.235) Josiah picked up and cleaned up God’s house so the people could seek God, and we need to keep our church picked up and ready for worship.

Songs/Hymns:

- ★ Clean up clean up (Barney on Youtube)
- ★ Who Built the Ark? (Wee Sing pg. 32)
- ★ I Sing the mighty power of God (GHOF pg. 27)
- ★ This is my Father’s world (GHOF pg. 39)

Activities:

- + Set the example for your child by keeping your own spaces organized and clean.
- + Have your entire family participate when we have a church clean up day, or join a cleaning crew.
- + Make it a habit once a week to help your child thoroughly pick up, dust, and vacuum their room, and change their sheets.

- + At meals, teach your child to ask “May I be excused” and then pick up their dishes and take them to the sink, wipe down where they sat, and wash their hands.
- + Encourage your child to help others when they are cleaning up, even if they didn’t make the mess.
- + Play matching and sorting games, or do puzzles.
- + Do a black pepper object lesson on germs (Youtube) then teach your kids how to count to twenty each time they wash their hands. Once they master counting up, then count down from twenty, then count from twenty to forty, etc. Try counting in Spanish!
- + Make cleaning a fun game: Have a Music-a-thon beat the clock clean up game, or Parent vs. child clean up challenge, or Dirty wipe challenge, Laundry basketball, or a car wash with toy cars.

Crafts:

- ◆ Make moon sand
- ◆ Handprint art or finger painting
- ◆ Make chalk paint
- ◆ DIY puffy paint
- ◆ Watercolor paintings
- ◆ Make a parking garage out of Legos or blocks to organize toy cars

Respect

Definition: God's things, others, and I have worth and value (so treat them with respect).

Memory Verses:

1. Psalm 119:6 "Then shall I not be ashamed, when I have respect unto all thy commandments"
2. Philippians 2:3 "Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem other better than themselves."
3. John 3:16 "For God so loved the world, that he gave his only begotten son, that whosoever believeth in him, should not perish, but have everlasting life"
4. Psalm 139:14a "I will praise thee for I am fearfully and wonderfully made"

Stories:

- Ten Commandments (BB pg. 120) God gave us his word, the Bible, and we should respect and value it.
- The Good Samaritan (BB pg. 379) We need to value and help others when we see they are in need.
- Jesus and the children (BB pg.409) Jesus loves and values YOU and he always has time for you.
- Jesus is arrested and crucified (BB pg. 446) God loved the whole world and gave his son's life for it, so that they could have a relationship with Him.

Songs/Hymns:

- ★ Jesus loves the little children (Wee sing pg.6)
- ★ Jesus loves even me (Wee sing pg. 8)
- ★ Others hymn (Youtube)
- ★ For God so loved the world (GHOF pg. 154)

Activities:

- + Teach your child not to interrupt others when they are talking, whether it be to them or with someone else. Instead have them touch your hand or quietly stand by until you acknowledge their presence and address them.

***I've heard of a parent who would hold up three fingers to communicate to their kid that if: 1) There's no vomit 2) There's no broken bones 3) There's no blood, then they need to wait.

- + Do your BEST to be ON TIME wherever you go and arrive early if possible!
- + Plant a garden
- + Pull weeds
- + Apple object lesson- throw an apple on the ground a few times then cut it open and see what happened to the apple.
- + Play "house"-roleplay
- + Whenever you see a veteran, police officer, or other civil servant, **THANK THEM** for their service!

Crafts:

- ◆ DIY birdfeeders= showing respect for God's creation
- ◆ Make "What I like about you" compliment cards
- ◆ Printmaking with apples-cut apples in half, dip in paint and then press down on paper (heavy watercolor paper works great to make bookmarks: print, cut and then write a verse about apples on them. You could also punch a hole in the top and add yarn, or embroidery thread for a tassel)
- ◆ Make your own recycled paper
- ◆ Make, decorate, and mail cards of appreciation for your pastor, teachers, public servants, etc. (kid's love sending and receiving mail!)

Forgiveness

Definition: Forget the wrong and move on!

Memory Verses:

1. Matthew 6:14 “For if ye forgive men their trespasses, your heavenly Father will also forgive you.”
2. Ephesians 4:32 “And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ’s sake hath forgiven you.”
3. Colossians 3:13a “Forbearing one another, and forgiving one another, if any have a quarrel against any”
4. 1 Thessalonians 5:15a “See that none render evil for evil unto any man;”

Stories:

- Jacob and Esau meet again (BB pg.66) Forgive people even when they don’t ask for forgiveness.
- Joseph saves his family (BB pg. 86) Forgive other’s so God can use it for good.
- The LORD’s prayer (BB pg.323) Forgive others so God can forgive you.
- The holy spirit comes (BB pg.473) God forgives us when we ask.

Songs/Hymns:

- ★ Our great savior (GHOF pg. 49)
- ★ Leave it there (GHOF ph. 353)
- ★ What a friend we have in Jesus (GHOF pg. 354)
- ★ Ephesians 4:32 (T.A. Phillips)
- ★ Wordless Book Song (Youtube)

Activities:

- + Crushed paper object lesson-sometimes we need to do more than say I’m sorry.
- + Make a snack or meal for your family-nice way to say sorry. (Joseph saved his family)
- + Playdough object lesson- the longer you leave playdough out on the counter, the harder it gets. If you choose to wait and not forgive someone, the harder it will be to make it right again.

- + My mama taught me that saying “I’m sorry” isn’t enough, you need to admit your fault and say “I was wrong for doing (fill in the blank.)” Human nature can’t stand admitting it was wrong! Parent, practice this principle when you need forgiveness, and teach it to your child.

Crafts:

- ◆ Craft: The wordless book (Youtube) or Wordless book Flower (Youtube) and teach your kid that we need God’s forgiveness. Learn how it works
- ◆ Make a gift box- like the gifts that Esau gave to Jacob to show that he was forgiven. (The gift of forgiveness)
- ◆ Make your own prayer journal- how we ask God for forgiveness. Follow A.C.T.S. Adore God, Confess your sins, Thank God, Supplication-asking for what you need.
- ◆ Decorate a notebook
- ◆ Make a book from one piece of paper(YouTube) Write down things you need to be forgiven for doing or need to forgive others for doing to you. Tear it up and throw it in the trash to show your kids how we need to “Forget the wrong and move on!”
- ◆ Book binding for kids
- ◆ Steps to forgiveness craft (YouTube)
- ◆ Homemade playdough

Thankfulness

Definition: Grateful for the good and bad in my life.

Memory Verses:

1. 1 Thessalonians 5:18: In every thing give thanks: for this is the will of God in Christ Jesus concerning you.
2. 1 Chronicles 23:30: And to stand every day to thank and praise the Lord, and likewise at even.
3. Psalm 100:4: Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him and bless his name.
4. Psalm 107:1: O give thanks unto the LORD for he is good: for his mercy endureth forever.

Stories:

- Ten Lepers (BB pg. 405) Being thankful for answered prayers
- Jesus Heals a blind beggar (BB pg. 371) Being thankful for health
- Hannahs Prayer (BB pg. 156) Being thankful in every circumstance
- Elisha's Room (BB pg. 226) Being thankful for your friends

Songs/Hymns:

- ★ Praise him, praise him (Wee sing pg. 35)
- ★ Psalm 100:4 (T.A. Phillips)
- ★ Thank you, LORD (GHOG pg. 221)
- ★ Praise him, praise him (GHOF pg. 442)

Activities:

- + Send Thank you notes
- + Keep a Gratitude jar
- + Watch VeggieTales: Madame Blueberry (Youtube)
- + Bake someone cookies
- + Thankful tablecloth-write what you are thankful for on it.
- + Thorn, rose, bud sharing at the dinner table. Thorn= something that was challenging about your day. Rose= something you are grateful for or positive about the day. Bud= something you're looking forward to.

- + Teach your kid how plants grow! (Youtube) It takes things that can seem bad to make us bigger and stronger!

Crafts:

- ◆ Blessing's tree- draw or paint a tree and write what you are thankful for on the branches or leaves.
- ◆ Cut out and paint clouds with a silver lining, because any negative circumstance can help us grow!
- ◆ Make tags or ornaments of what you are thankful for to go on a decorative tree.
- ◆ Thankful paper chain
- ◆ Alphabet gratitude book
- ◆ Jesus heals band-aid craft (YouTube)
- ◆ Buy and paint canvas shoes to teach your kids that when we walk through hard things it can make us stronger and better in the end, so KEEP WALKING! See "Every Cloud has a silver lining: Customize My Slip-on shoes" (Youtube)

Faith

Definition: God took care of me yesterday, he's with me today, and he'll be there tomorrow!

Memory Verses:

1. Proverbs 3:5-6 Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.
2. Hebrews 11:1 Now faith is the substance of things hoped for, the evidence of things not seen.
3. Hebrews 11:6a But without faith it is impossible to please him;
4. 2 Corinthians 1:10 Who delivered us from so great a death, and doth deliver: in whom we trust that he will yet deliver us.

Stories:

- Twelve Spies (pg. 124) Having faith when others don't
- A Captains Faith (pg. 324) Great FAITH has great results!
- A hole in the roof (pg. 328) Keep friends who have faith
- Two Miracles (pg. 340) Having faith when life is tough

Songs/Hymns:

- ★ Faith of our fathers (GHOF pg. 183)
- ★ My faith has found a resting place (GHOF pg. 228)
- ★ My faith looks up to thee (GHOF pg. 359)
- ★ Faith is the victory (GHOF pg. 402)

Activities:

- + Keep a Prayers/answers journal to track your requests and SEE how God answers!
- + Blind obstacle course maze
- + Sink or swim object lesson- find objects around the house to test if it will sink or swim.
- + Teach your child about missionaries to see how they stepped out in faith and believed God. (Book Series: Christian Heros: Then & Now. By: Janet & Geoff Bengé, watch movies like:)
- + Grow a plant- our faith grows each day

- + Helping hands improv game (Youtube)
- + Three-legged race
- + Grab a flat sheet and some friends and take turns carrying each other to Jesus
- + Esther's courage object lesson (Youtube or Pinterest) Then bake banana bread, because even though it looks bad, it can be made soo good!
- + Assemble a "Faith-Facts-Feeling" train to play in around your house out of boxes, laundry baskets, or storage bins. Call out "Who wants to ride the faith train?!" Blow the whistle and go!
- + Take a train tour, or ride one!
- + Build a Faith-Facts-Feeling Tower out of blocks.

Crafts:

- ◆ Paint a flowerpot
- ◆ Pass the paper drawing game- played as a group. Each kid gets a paper and starts to draw. When the teacher or leader says pass, kids will pass their paper to the person next to them and continue to draw.
- ◆ Paper plate drawing on your head- put a paper plate on your head and try to draw something without looking. Have others guess what was drawn on the plate.
- ◆ Make bookmarks using shaving cream and watercolor paints. (YouTube shaving cream marbling)
- ◆ Make an origami boat and see if it floats
- ◆ Create a "Faith-Facts-Feeling" Train and put a small picture of your child in the conductor's window and write "Believe God" on the engine. Have a train car with "Bible truth" written on it, and a caboose with "How I feel" that must follow last.

Truthfulness

Definition: Admitting my faults so I can be better.

Memory Verses:

1. Psalm 51:6a: Behold, thou desirest truth in the inward parts:
2. Isaiah 6:5a: Then said I, Woe is me! For I am undone; because I am a man of unclean lips,
3. 1 John 1:8: If we say that we have no sin, we deceive ourselves, and the truth is not in us.
4. Isaiah 53:6: All we like sheep have gone astray; we have turned every one to his own way; and the LORD hath laid on him the iniquity of us all.

Stories:

- The wise King (Beginners Bible pg. 194) Admitting our weaknesses and asking for help makes us better!
- A Short Man (BB pg. 413) Zach. knew he had cheated others, and he admitted it and made it right.
- The Holy Spirit Comes (BB pg. 473) We must admit we are sinners to be saved.
- A Changed Man (BB pg. 488) Paul realized he was doing wrong and changed his ways

Songs/Hymns:

- ★ Higher ground (GHOF pg. 308)
- ★ Stepping in the light (GHOF pg. 313)
- ★ O to be like thee (GHOF pg. 316)
- ★ Zacchaeus was a wee little man (Wee sing pg. 29)

Activities:

- + Set the example for your kids. When you screw up admit it. Sometimes you can ask them to help hold you accountable.
- + Annually hold a family meeting and ask your kids how they think you could be a better parent.
- + Play Go fish-we need to ask others for help.
- + Play Old Maid
- + The lcky sticky effect of lies object lesson- oneshetwoshe.com

- + Ketchup object lesson- squeeze the ketchup out and have the child try to put the ketchup back in the bottle. Explain that once we say something we can't take it back.
- + Lesson on lying using pennies- YouTube (Ron Brooks video)
- + 3 truths and a lie- play using examples for the Bible stories
- + Gird up your loins with truth obstacle course- put a large, oversized shirt on your child then time them as they go through an obstacle course. Then have them "gird up their loins" and run it again. Talk about the differences between running the first time and the second time. (Life is easier when we tell the truth)
- + Give your kid a water bottle with a hole in it and act like nothing is wrong. It should start leaking on them, and when they protest, act like nothing is wrong. Eventually acknowledge that there is a problem and then ask them if we should do something to fix it. Let them know we ALL have holes and need to fix them, or they will create a big mess!
- + Next time you tell your kid it's time to clean up, have a box or bin prepared without a bottom in it. As you help them pick up, things will fall right back on the ground and at some point, they will notice. Explain that when we don't fix our issues, our lives remain a mess!
- + Watch VeggieTales: Larry boy and the fib from outer space

Crafts:

- ◆ Crayon resist art- use a white crayon to write on paper and then paint over it with watercolor paints. The crayon will resist the watercolor paint and show what was written down. (Picture of God's word revealing truth.)
- ◆ Belt of truth- make a belt out of duct tape
- ◆ Make a storyboard of one of the bible stories.
- ◆ Salt and watercolor painting- have your child use two or three colors to paint on paper. While the paint is still wet add some salt. The salt will absorb the watercolor paint. Wait until the paper is dry to brush the salt off. (Our words are to be seasoned with salt)

Security

Definition: I will always be your child! God is always there!

Memory Verses:

1. Hebrews 13:5b for he hath said, I will never leave thee nor forsake thee.
2. Joshua 1:5b as I was with Moses, so I will be with thee: I will not fail thee, nor forsake thee.
3. Isaiah 41:10 Fear thou not; for I am with thee: be not dismayed for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.
4. Romans 8:39 Nor height, nor depth, nor any other creature shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

Stories:

- Deborah Leads the way (BB pg. 136) Even when we walk away from God, he loves us and wants to help!
- Lord is my Shepherd (BB pg. 190) Your parent and God will shepherd you through every part of life, good and bad.
- Jesus walks on the water (BB pg. 364) Jesus will always be there when we are in trouble.
- The Lost Son (BB pg. 397) We can always make things right with God and our parents.

Songs/Hymns:

- ★ No never alone (GHOF pg. 281)
- ★ How firm a foundation (GHOF pg. 268)
- ★ Jesus loves me (Wee sing pg. 7)
- ★ I am His and He is mine (GHOF pg. 56)

Activities:

- + Tell your kid a thousand times a day that you love them- especially when you discipline them. They need to know that Father God disciplines Mom and Dad because he loves them, and we discipline you because we love you! Let them know you are soo GLAD God gave them to you and that they will ALWAYS be your kid whether they make good or bad decisions.

- + Show them their birth certificate and talk about the day they were born, how you picked out their name, and the hopes and dreams you have for them being a part of your family.
- + Act out Deborah's story by building a wall out of blocks, or Legos, or magna-tiles, ect. and then attempt to knock it down. One parent can play the enemy and build the wall, the other parent/child can be God/Israel who knock it down.
- + Grab a nerf gun and some toy soldiers, empty water bottles, or pop cans and let your child try to shoot "Israel's enemies" off a rail, a table, or on floor.
- + Herd of balloons "sheep" game- blow up a bunch of balloons and have your child try to herd them into one area.
- + Sink or swim science experiment
- + Stand on eggs object lesson (Youtube) Help your child stand on them, let go, and when they ask for help, explain that you'll always be there for them! Also, that God is there to help in impossible situations!
- + Take them to IBEX climbing gym to climb the rock walls and use it as a lesson to explain that you are their harness and rope through life and will always be there to hold and support them and never let them fall. Also, that God will be those things too, and his word is the hand holds we need to climb through life.

Crafts:

- ◆ Painting rocks: God is our rock and firm foundation
- ◆ Use an old shoebox to make a "safe"- talk about how God protects us and keeps us safe.
- ◆ Origami paper boat- use for the story about Jesus walking on water
- ◆ Decorate a walking stick/shepherds' crook- the Lord is our shepherd
- ◆ Make a cotton ball sheep craft (onelittleproject.com)

Meekness

Definition: Strength under God's control.

Memory Verses:

1. Matthew 11:29 Take my yoke upon you, and learn of me; for I am lowly in heart: and ye shall find rest for your souls.
2. Proverbs 25:28 He that hath no rule over his own spirit is like a city that is broken down, and without walls.
3. Psalm 25:9 The meek will he guide in judgement: and the meek will he teach his way.
4. Psalm 147:6 The Lord lifteth up the meek: he casteth the wicked down to the ground.

Stories:

- The burning bush (BB pg. 98) God uses Moses because he was meek and did what God asked.
- The Red Sea (BB pg. 111) Moses' strength was his faith in God
- Samson (BB pg. 146) What happens when we don't do what is right with our strength: we'll lose it, and it hurts us.
- Jesus Arrested and Crucified (BB pg. 446) Jesus was a strong carpenter, God's son, and could have called 10,000 angels to rescue him from the cross, but he submitted his strength to God and died.

Songs/Hymns:

- ★ O to be like Thee (GHOF pg. 316)
- ★ Teach me thy way, O Lord (GHOF pg. 337)
- ★ Jesus wants me for a sunbeam (Wee sing pg. 10)
- ★ The wise man and foolish man (Wee sing pg. 30)

Activities:

- + Jenga- our strength is in the framework of biblical principles. Pull them out and we fall apart.
- + Build towers/houses with blocks, then let your kid knock them down.

- + Play Balloon volleyball. Blow up the balloons and explain that we can control how much air goes into it: just enough air and it works out great! Too much air and it pops! Its strength under control verses strength out of control.
- + Rubber band example: Strength under control will launch the rubber band, but strength out of control will break it.
- + Do a water balloon sling shot war. Same principle: strength under control can launch the water balloon! (Invite friends!!!)
- + Games to practice strength under control: Pick up sticks, Scarf toss or dance, balance beams, egg on a spoon relay game, The floor is lava game, ring toss or cornhole for kids, or “Operation”!
- + Do the Stanford Marshmallow test- set your child at the table and place a marshmallow in front of them. Tell them “I’m leaving and if you can wait for me to come back without eating the marshmallow you can have two!” Wait 5-15 minutes, depending on your child’s age, and then reward accordingly. Parents: Check out the online article on Psychology Today: 10 Ways life is a marshmallow test. By Jessica Koehler Ph. D.
- + Go camping! A tent is a great picture of strength (pole tension) under control to achieve a purpose. Light a burning bush and then use the rest of your “marshmallow test” treats to make smores!!! 😊 Don’t forget rubber bands so when you find the perfect “Y” shaped stick, you can make a sling shot.

Crafts:

- ◆ Weaving or sewing projects
- ◆ Air dry clay pinch pots (YouTube)
- ◆ Make a “calm down” bottle (YouTube)
- ◆ Watercolor paintings
- ◆ Find a “Y” shaped stick on a nature hike, use a rubber band and make a sling shot
- ◆ Make your own building blocks from scrap wood and paint them

Caution

Definition: Careful about who and what I allow in my life.

Memory Verses:

1. Psalm 1:1 Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.
2. Psalm 1:2 But his delight is in the law of the Lord; and in his law doth he meditate day and night.
3. Proverbs 13:20 He that walketh with wise men shall be wise: but a companion of fools shall be destroyed.
4. Proverbs 1:10 My son, if sinners entice thee, consent thou not.

Stories:

- Ruth and Naomi (BB pg. 152) Stick with people who love God and want to do what's right, and God will bless you!
- A good heart (BB pg. 168) Find friends with a good heart for God
- Best friends (BB pg. 181) A good friend will help protect you from harm.
- The Bright star and three visitors (BB pg. 286) There are some bad people in the world out there, so be careful!

Songs/Hymns:

- ★ Proverbs 13:20 (T.A. Phillips)
- ★ Oh, be careful (Wee sing pg. 15)
- ★ Soldiers of Christ, arise (GHOF pg. 403)
- ★ Sound the battle cry (GHOF pg. 413)

Activities:

- + Talk to your kid about stranger danger and the kind of friends to avoid.
- + Make sure they have your phone number and address memorized, know 9-1-1, and to find a police officer, security guard, or other trusted person if they ever got separated from you.
- + Teach your child how to be a good friend: i.e. how to introduce themselves to other kids at the playground; to help others clean up even if they didn't make the mess; make them feel special with gifts or food they made; send them a get-well card, or birthday card

- + Play Tag
- + Play Musical chairs
- + Make a fruit kabob
- + Play ninja tag and practice cautiously making your way around the house. Watch out for enemies (dog, cat, each other) and don't get tagged by whoever is "it".
- + Go play laser tag! Watch out for enemies!
- + Play a simple version of "Capture the flag" with your family or friends and put the adults as hunters trying to capture the kids and take them to jail before they locate the "flag". Kids will learn to use caution as they crawl, sneak, hide, and make their way around the "field" avoiding the enemy. Trade roles and let the kids try to catch you!
- + Take a martial arts class! Many places have a short term introductory class for kids.

Crafts:

- ◆ Print with flowers-make a card, bookmarks, or artwork to share with a friend.
- ◆ Paper hearts object lesson craft- cut out paper hearts and glue them onto another paper. Once the glue is dry, try to take the hearts off the paper. Explain that this is what happens when we are not careful with our hearts- pieces of our heart get torn up.
- ◆ Make a friendship bracelet or necklace for a friend you want to keep
- ◆ Cut out a star and decorate it with glitter. (The Bright star and three visitors story)
- ◆ Make a ninja mask with a handkerchief or old T-shirt. Decorate it with fabric paints or markers
- ◆ Cut out a gingerbread shaped man and decorate it. On a separate sheet of paper write down some character qualities of a good friend, cut them out, and glue them on the man (Suggestions: Kind, Loving, Fun, Friendly, helpful, love God)
- ◆ Buy a family birthday wall calendar with tags (amazon.com) to keep track of friends' and family birthdays.

Patience

Definition: Keeping a good attitude while I wait.

Memory Verses:

1. Psalm 37:7a Rest in the Lord and wait patiently for him.
2. Ecclesiastes 7:8 Better is the end of a thing than the beginning thereof: and the patient in spirit is better than the proud in spirit.
3. Romans 12:12 Rejoicing in hope; patient in tribulation; continuing instant in prayer;
4. 1 Thessalonians 5:14b be patient toward all men.

Stories:

- Pharoah's Dreams (BB pg. 78) patience while God works out the details.
- King David (BB pg. 186) David waited many years to finally become king, but he kept a good attitude and God blessed him.
- Jesus goes to heaven (BB pg. 466) Keep working while you wait
- Earthquake in prison (BB pg. 500) A good attitude in tough circumstances

Songs/Hymns:

- ★ Countdown song (Youtube)
- ★ God leads us along (GHOF pg. 298)
- ★ Day by day (GHOF pg. 299)
- ★ Constantly abiding (GHOF pg. 478)

Activities:

- + I can give you lots of activities to distract kids while they wait, but at the end of the day patience is a CHOICE: *I **choose** to have a good attitude whenever a situation occurs that prevents me from getting what I want immediately, no matter how long it takes. Whew, easier said than done by us ALL!*
- + H.A.L.T.= Are you or your kiddos Hungry? Angry? Lonely/Bored? Tired? These can agitate and make being patient harder.
 - Hungry: We've all heard of being "Hangry" so try to always keep a plastic tub of snacks and extra bottled water in your car.
Stick to consistent mealtimes-set a timer if need be- and eat a balanced meal with protein, fruit or veggi, and carb.

Drink plenty of water-because sometimes you're *actually thirsty* when you think you're hungry.

- Angry: Parents, first check YOUR attitude. Are you grumpy? Angry? Upset? Kids pick up on our negative behaviors and then mirror them back to us **without** the self-control that we have learned. Most the time if my kid is giving me lip, it's because she's seen or heard me do the same thing! So, help me God!
 - Lonely/Bored: See list of activities below
 - Tired: We all know that a consistent sleep/nap schedule is imperative to our sanity and emotional state. Power naps during the day 10-20 minutes can change your outlook on the whole day! Seriously!
!!! Mamas with newborns or infants: Remember that you need at least **4 hours of consecutive sleep** for a full cycle, and it's been scientifically proven NOT getting this day after day can result in *literal insanity* (ask the soldiers who dealt with this during the wars).
- + Don't to tell your kiddo about a birthday party or event until the DAY of the event if possible. This will avoid MANY unwanted melt downs when your child winds up sick and can't attend, or the event is cancelled.
 - + Teach your kids that working as a team to get home chores done faster will result in playtime sooner!
 - + Play hide and seek
 - + Do some cooking or baking
 - + Attempt the egg-on-a-spoon walk
 - + Go Grocery shopping – make a list and have your child help you find the items
 - + Buy or create a terrarium- dart frogs are a really cool option!
 - + Catch rain drops
 - + At a restaurant: Read a book, use condiments to act out a TV show, play crossword puzzles as a group, count your blessings, do thumb wars, play hot hands, play i-spy, memorize scripture (and earn a dessert?), play the “What am I” game
 - + Find a way to help others
 - + Talk to people-especially veterans and older people with good stories!

Crafts

- ◆ Sun Print Paper Nature Art (www.runwildmychild.com)
- ◆ Air dry clay mosaics (www.artfulparent.com)
- ◆ Try Q-tip art

- ◆ Do Collages
- ◆ Do paper mache forms (suggestion: make a pinata @ www.thediynuts.com)
- ◆ Buy a calendar for your kid's room and put stickers on important dates (an upcoming activity, or trip) then let them mark off each day of the countdown!
- ◆ Learn to knit or crochet
- ◆ Learn to sew/quilt

Responsibility

Definition: Count on me to get it done!

Memory Verses:

1. Romans 14:12 So then every one of us shall give account of himself to God.
2. Philippians 4:13 I can do all things through Christ which strengtheneth me.
3. Philippians 2:4 Look not every man on his own things, but every man also on the things of others.
4. Psalm 119:16 I will delight myself in thy statutes: I will not forget thy word.

Stories:

- A Bride for Isaac (BB pg.52) A good servant gets the job done
- The Burning Bush (BB pg. 98) If you are willing, God is able
- Boy King Josiah (BB pg. 235) Being responsible for the things God has given you: His word and the church
- The Good Samaritan (BB pg. 279) Being responsible for helping others

Songs/Hymns:

- ★ This little light of mine (Wee sing pg. 11)
- ★ I'm in the Lords army (Wee sing pg. 52)
- ★ Will Jesus find us watching? (GHOF pg.148)
- ★ What if it were today? (GHOF pg 153)

Activities:

- + Teach them the priorities of life: God, Family, Home, Work/School, Church.
- + Establish a morning routine: greet the Lord "Good morning Lord, I love you and thank you for all you do!", make the bed, dress, brush hair or teeth, drink water, etc. Use a Bingo chore chart to make it more fun! Make them earn TV time
- + Teach your kid First Aid or CPR (youtube)
- + Play a group sport- let them know that what we start we finish, even if it's hard or not as fun as we thought it would be (Welcome to the next 30+ years in a career!)
- + Care for a pet- check out "21 Best Pets for Kids (by age range)" @ www.thepetsavvy.com

- + Donate toys or clothes- I always tell my kid “If you don’t want to play with them anymore, we can let someone else enjoy them.”
- + Play Monopoly Jr.
- + Grow a garden
- + Recycle
- + Pay out “Responsibility Bucks” when your kid does chores or projects around the house without having to be asked (buy cheap paper money or make some). Have a list of prizes/values they can earn with their cash: i.e. dessert, outing or experience, a new toy, book, etc. Values should vary, ‘cause being responsible pays off in small and big ways.
- + Volunteer at a food pantry or homeless shelter
- + Join the boy scouts or girl scouts

Crafts:

- ◆ Make Recycle crafts
- ◆ Decorate a board for a morning/evening routine checklist
- ◆ Paint a flower pot
- ◆ Make a birdhouse
- ◆ Make a Priorities of Life target. Use a quarter for the center and write “God” in it, then use graduating sizes of bowls for the rings, letting your child trace around each, finally write the remaining priorities between each ring, in order of importance from the center out.
- ◆ Make a First Aid kit